



Ward & Uptigrove
Chartered Professional Accountants

Ruth Helmka

After secondary school, Ruth worked in the investment department at a large insurance company and also worked at a law firm in Stratford. She then joined Ward & Uptigrove in November 1985 and has taken on numerous duties in our administration department through the years.

In her current role, Ruth is responsible for our office bookkeeping, accounts payable and accounts receivable.

Ruth also serves on the Board of Directors of a not for profit organization. She enjoys curling, spending time at the cottage and being with family.



Ruth Helmka

Administrative Assistant

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